

Patent  
Attorney's Docket No. 023833-124

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

In re Patent Application of	)	
	)	
Young-Dae	)	Group Art Unit: Unassigned
	)	
Application No.: Unassigned	)	Examiner: Unassigned
	)	
Filed: Herewith	)	
	)	
For: ABDOMINAL EXERCISER	)	

**PRELIMINARY AMENDMENT**

Assistant Commissioner for Patents  
Washington, D.C. 20231

Sir:

Prior to examination, please amend the subject application as follows:

**IN THE CLAIMS:**

Please amend claim 3 as follows:

3. (Amended) The abdominal exerciser of claim 1, wherein at least one male screw is fixed to the top surface of the flexible plate, and the weight applying means is at least one weights to be engaged with the male screw.

Please amend claim 4 as follows:

4. (Amended) The abdominal exerciser of claim 1, wherein the weight applying means comprises a filling for providing weight, and a weight retainer fixed to the top surface of the flexible plate, for holding the filling therein, and the filling comprises metal or mineral.